

- Play Therapy is a powerful tool for addressing cognitive, behavioral, and emotional challenges.
- Licensed professionals use play therapeutically to help clients process their experiences and develop more effective strategies for managing their worlds.
- Registered Play Therapists are licensed professionals who have obtained considerable education, training, and supervised experience in the field of Play Therapy.
- Research has shown Play Therapy is an effective mental health approach, regardless of age, gender, or the nature of the problem, and works best when a parent, family member, or caretaker is actively involved in the treatment process.

Visit www.a4pt.org



Experienced Mental Health Counselor in:

**ADHD, Anxiety,
Depression,
PTSD**

**Providing caring
Individual, Play
and
Family Therapy**

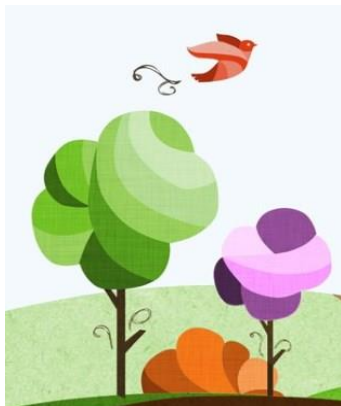
**Social skills
Therapy Groups**

**Positive
Parenting Groups**

**BCBC, Tufts
Insurance
accepted, self-
pay and sliding
scale provided**

ANNOUNCING REGISTERED PLAY THERAPIST

By the International Association for Play Therapists



"Play Therapy is based upon the fact that play is the child's natural medium of self-expression ... It is an opportunity which is given to the child to 'play out' his feelings and problems just as in certain types of adult therapy an individual 'talks out' his difficulties."

- Virginia Axline

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Fridays and Saturdays